



May 13, 2010

Bengal Energy Ltd. Announces Director Resignation

Calgary, Alberta. – **Bengal Energy Ltd. (“Bengal”)** (TSX: BNG) announces that Judy Stripling has resigned from Bengal’s Board of Directors effective May 12, 2010. Ms. Stripling has determined that due to increased responsibilities in her current role as Chief Financial Officer of a TSX listed company she is no longer able to devote time on external Boards.

“Judy has made a significant contribution to the Company over the last three and half years,” commented Bradley Johnson, Chairman of Bengal. “Her financial acumen and experience in growth oriented juniors was highly beneficial in advancing Bengal’s strategy.” Bengal would like to thank Ms. Stripling for her contribution to the Company’s growth and wishes her the best in her future endeavours.

About Bengal

Bengal Energy Ltd. is an international junior oil and gas exploration and production company with assets in India and Australia. The company is committed to growing shareholder value through international exploration, production and acquisitions. Bengal trades on the TSX under the symbol BNG.

FOR FURTHER INFORMATION PLEASE CONTACT:

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